

## **BENDIGO EAST SWIMMING CLUB TIME TRIALS 2013-2014**

**Learners:** Each time trial night will include 25m events in all strokes for learners.

**11 & Under:** Swim 50m only in all strokes to gain points. Swimmers are encouraged to swim 100m and 200m events. If a swimmer is unable to swim 50m in any particular stroke, they may swim 25m for that stroke for a maximum of one point.

**12 to 17 yrs:** Swim 100m only in all strokes to gain points. Swimmers are encouraged to swim 200m and 50m events on the same night. If a swimmer is unable to swim 100m in a particular stroke, they may swim 50m for that stroke for a maximum of one point.

**18 & Over:** Swim 50m in all strokes to gain points. Swimmers are encouraged to swim 100m and 200m events on the same night.

**Starting Time:** **WEDNESDAY NIGHT AT 6.00 p.m. (Warm up from 5.30pm)**

Month	Date	Events
<b>October 2013</b>	<b>16th</b>	400m Free or I.M. / 800 / 1500 – <b>DISTANCE TIME TRIALS</b> (Long Distance Meet MSAC 26 <sup>th</sup> & 27 <sup>th</sup> ) There will be no 25m time trials
	<b>23rd</b>	400m Free or I.M. / 25m all strokes / 100free / 50back / 100breast / 50fly
	<b>30th</b>	200m choice / 25m all strokes / 100fly / 50breast / 100back / 50free
<b>November 2013</b>	<b>6th</b>	200m choice / 25m all strokes / 100free / 50back / 100breast / 50fly
	<b>13th</b>	200m choice / 25m all strokes / 100fly / 50breast / 100back / 50free
	<b>17th</b>	<b><i>Bendigo East Swim Meet – All members are expected to enter</i></b>
	<b>20th</b>	200m choice / 25m all strokes / 100free / 50back / 100breast / 50fly
<b>December 2013</b>	<b>27th</b>	200m choice / 25m all strokes / 100fly / 50breast / 100back / 50free
	<b>4th</b>	200m choice / 25m all strokes / 100free / 50back / 100breast / 50fly
	<b>11th</b>	200m choice / 25m all strokes / 100fly / 50breast / 100back / 50free
	<b>18th</b>	NO TIME TRIALS – State Age Championships
<b>January 2014</b>	<b>25th</b>	NO TIME TRIALS – Christmas Day
	<b>1st</b>	NO TIME TRIALS - New Year's Day
	<b>8th</b>	200m choice / 25m all strokes / 100free / 50back / 100breast / 50fly
	<b>15th</b>	200m choice / 25m all strokes / 100fly / 50breast / 100back / 50free
	<b>22nd</b>	NO TIME TRIALS – Preparation for Country Championships
<b>February 2014</b>	<b>29th</b>	
	<b>5th</b>	25m all strokes / 50m all strokes (State Sprint preparation 8 <sup>th</sup> & 9 <sup>th</sup> in Melb)
	<b>12th</b>	25m all strokes / Heats of Club Classics - Graham, Hogan & Club Pairs / (2 x 50m Choice swims if time permits)
	<b>19th</b>	25m all strokes / Final of Club Pairs/ Graded Scratch Championships 11 & Under 50 back, 50 fly. 12 & Over 100 free, 100 breast
<b>March 2014</b>	<b>26th</b>	25m all strokes / Graded Scratch Championships 11 & Under 50 breast, 50 free 12 & Over 100 fly, 100 back
	<b>5th</b>	25m all strokes /**Club Championships 200 I.M. All age groups Final of the Graham & Hogan / 2 x 50 choice swims
	<b>12th</b>	25m all strokes / 50m all strokes (All Juniors Final prep TBC in Melb)
	<b>19th</b>	25m all strokes / 50m all strokes (All Juniors Final prep TBC in Melb)
	<b>26th</b>	<b>Record night 50m to 400m only</b> (TBC – depending on All Junior date)

### **CLUB CHAMPIONSHIPS**

\*\*In order to be eligible to compete in the Club Championships, members must swim in a minimum of **five (5)** scheduled time trails.